

# Help Protect Our Kids from the Measles Outbreak

With more than 1,000 known cases of measles across the country, the potential for students to catch and spread measles is higher than ever. Unimmunized children between the ages of 5 and 17 make up the largest group of patients, with 1 in 5 requiring hospitalization.

## Measles is Much More Than a Rash.

### MEASLES COMPLICATIONS:

- Pneumonia and dehydration requiring hospitalization; two children have died in Texas this year.
- Brain swelling, even decades later.
- Stillbirth and prematurity in babies.

Measles is highly contagious. In a room with 10 unvaccinated individuals, 9 of them will contract measles if exposed, according to the Centers for Disease Control and Prevention (CDC).

The MMR immunization is the best way to prevent measles. Two doses of the vaccine are 97% effective at protecting immunized individuals.

### SYMPTOMS OF MEASLES INCLUDE:

- Cough
- Runny Nose
- Telltale rash on the face and neck

Call the Oklahoma State Department of Health or your child's pediatrician today to make sure your children are up-to-date on their immunizations and protected from measles.

Oklahoma law allows exemptions for medical, religious or personal reasons. Learn more at <https://shorturl.at/k6qSj>.

Help stop the spread and find free resources at <https://shorturl.at/jiHUM>.

