



# OKLAHOMA ALLIANCE FOR HEALTHY FAMILIES



The Oklahoma Alliance for Healthy Families is a statewide coalition of public health experts and parents with the goal of improving the health of our schools, communities and families through education and advocacy. If your facility is interested in hosting an educational seminar on immunizations for staff and/or families, please contact us at [OAHF.Info@gmail.com](mailto:OAHF.Info@gmail.com).

## IMMUNIZATIONS PROTECT OUR CHILDREN

Immunizations are safe and effective. They prevent our children and families from contracting diseases that can cause permanent disabilities and even death. By making sure a community is fully immunized, we can make our state, cities and schools healthier.

**MYTH**

VS

**FACT**

Disease rates have dropped because of other reasons, not immunizations.



Data documenting disease rates before and after the introduction of vaccines demonstrate they are highly effective in decreasing the incidence of diseases, despite improvements in living conditions.

Vaccines cause autism.



No.  
Vaccines go through a rigorous trial and approval process, which ensures all vaccines are safe and effective.

More Immunization Resources for Parents and Parents-to-Be: <https://bit.ly/2LLmOjH>  
For more information, please email [info@okhealthyfamily.org](mailto:info@okhealthyfamily.org)  
Follow us on Facebook, Instagram and Twitter - @OKHealthyFam

Oklahoma Alliance for Healthy Families

## MYTH

VS

## FACT

Unimmunized children pose no threat to immunized ones.



Immunization is a community responsibility. A community that is fully immunized protects those who can't be immunized, such as very young children, immunocompromised people (such as cancer patients) and elderly people.

Natural infection is better and healthier than immunization.



The benefits of immunity through immunizations outweigh the serious side effects of natural infection, which include blindness, paralysis, brain damage, or death.

Vaccines contain unsafe toxins.



Vaccines go through a rigorous approval processes to ensure they are safe and effective. Trace ingredients in vaccines are included to kill harmful bacteria and preserve the effectiveness of the vaccine.

It's better to space out vaccines.



There is no scientific evidence that spacing out vaccines is safer. The recommended schedule is reviewed on a regular basis and designed to protect our children when they are most vulnerable.

## TIPS FOR AVOIDING FALSE INFORMATION

- If you have questions, **ASK YOUR DOCTOR OR PHARMACIST.**
- Seek medical advice from an experienced, licensed medical professional.
- Avoid getting medical advice from Facebook and other unreliable, uncertified sources on the internet.

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